



Just Good Friends

January 2021 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: justgoodfriends.org.uk

www.facebook.com/justgoodfriendsNW/



Governance and Management Structure

JGF is a registered Charity and a Charity Limited by Guarantee and as such the financial and business governance is overseen by a Board of 6 Trustees. I am also a Trustee. Let me briefly introduce you to our JGF Trustees. Below is a list and a brief resumé of each Trustee. The resumé also details their personal emails:-

Mrs A J Cross Mr A L Ford
Mrs C A Gradwell Mr J E Harrison
Miss R L Naughton Mrs B Sykes (Managing Director)

Anna Cross (anna.cross@hotmail.co.uk)

Anna is both very artistic and creative and has her own Theatre and Drama School and provides classes for both young and old. Anna also teaches dance and currently runs a weekly dance class for members of JGF.

Tony Ford (tonyford19@gmail.com)

A former Head Teacher and Educational Consultant; having spent 30+ years in the primary education sector. Tony is also a former councillor, whose role involved work with the town's Youth Council, dealing with numerous day to day Community issues and management of Projects. Tony provides regular professional support and advice to JGF.

Carol Gradwell (carol.gradwell@yahoo.co.uk)

Carol has extensive experience in leadership and strategic development in large public sector and volunteer organisations. Carol has over 15 years' experience of Corporate Governance in the NHS and is the JGF representative at Blackpool, Fylde & Wyre CCG Patient & Public Involvement Forum Meetings. Carol is also currently leading the Social Angels Group Forum.

Jon Harrison (jazz222mill@gmail.com)

Jon is a St Annes Town Councillor, serves on the Planning Committee and is both Chairman of the Supporters of Ashton Gardens and Chairman of the Civic Awareness Group. Jon regularly advises JGF on local Community issues and also helps to run our Saturday JGF MeetUp group.

Rachel Naughton (rachnaughton@googlemail.com)

Chemistry graduate. Rachel currently works in Communications and Engagement in the NHS across Blackpool, Fylde and Wyre. Rachel brings her NHS creative knowledge and skills to JGF and provides Communication & Marketing Strategy advice.

The Trustees meet up to four to six times each year to discuss the important issues facing our Charity. ➡

What we have missed

During a zoom meeting with a few members of Just Good Friends we asked the question 'What are you looking forward to most when coming out of lockdown?' and these were the replies with one of them coming out at No. 1.

Meals out ** MeetUps with Just Good Friends ** Going for coffee with friends ** Feeling safe and being able to go to the toilet ** Hugs ** Trips ** Linking arms ** Face to face contact ** Going to the Trafford Centre ** Lytham festivals ** Edinburgh Fringe Festival ** Kisses and Snogs ** Theatre ** Pubs ** Freedom.

The one thing that came out on top was **HUGS !!**

In December we had the good news that a vaccine was imminent and David Cowan was amongst the first to have his jab. A few other members are due to have theirs so let's hope this is the start of controlling this awful disease so we can all get on with our lives and enjoy life as we knew it before last March. 2020 has not been a good year, but hey - that's gone now and we can look forward to enjoying all that has been said in the above 'What we have missed'. For the superstitious among us - let's keep our fingers crossed!!!



Obviously this year has been the real threat and impact of Covid, not just on the day to day running of the Charity but the impact it has had on all our very special members' daily lives. This year the Trustees have been meeting on Zoom.

If you feel that you have anything you would wish to share with our Trustees please feel free to e-mail them (their personal email addresses are listed above) with your comments. The Trustees will be more than happy to respond to your comments whether it be you have some JGF Charity issues you simply need to understand or that you simply want to say how Just Good Friends has made a difference to your life.

Bev

If anyone would like to join the number of members who already receive the Newsletter via email rather than hard copies please let me know on jandcburgess@hotmail.co.uk. Thank you, Celia



To join our **JUST GOOD RAFFLE** simply search for **Just Good Raffle** on Facebook and click the **JOIN** button.

December Just Good Raffle's prizes & winners are:

£25 Booths voucher - Irish Cream 'n Gin - Christmas bundle - £25 Lily the Pink voucher - Booze bundle - £25 One 4 All Gift Card - Baileys & Wine - Choc bundle - £25 M&S voucher - Amarula Cream 'n Chocs - Serenity Cut & Blow dry.

Winners :

Lesley Wilson - Leila Roche - Kath O'Brien - Jacky Ramage - Joanne Campbell - Paula Rostron - Lesley Hickey - Janine Connor - Karyn Hatton - Lynne Whitton.



January Birthdays

- 2 Sallie Gibson
- 3 Hilary Smith
- 3 Bill Tait
- 5 Elsie Travers
- 7 Rita Simmonds
- 8 Ann Manser
- 13 Rory James Jebson
- 16 Pamela O'Donnell
- 17 Denise Pawson
- 18 Susan Smith
- 21 Tanya Appleby
- 25 Eileen Flannigan
- 25 Frances Yates
- 27 Joan Whitaker
- 29 Pauline Lazzari
- 29 Jean Mason
- 30 Mary Craven
- 30 Georgina Gibbs
- 31 Yvonne Wood



Christmas Day

As it turned out, we were lucky in St Annes as Christmas morning gave us a cold but lovely bright sunny day - perfect for a walk in the park or gardens - so that is what a few Just Good Friends did as they went off to meet up in Ashton Gardens.

They wrapped up warmly, masked for those who needed to and apart from a quick shuffle closer as the photo was taken, they socially distanced, but it spoiled nothing! Just being with friends on this special day meant such a lot. Following a warm celebratory drink, when they laughed and chatted before parting with a feeling of warmth, knowing they had friends and could always rely on Bev to make sure everyone was happy. Thanks again Bev.



Our JGF Quizzes are on Zoom every Tuesday and if anyone is interested please let Bev know.

See page 3 for another Quiz.

Answers will be in the February Newsletter

During this time we are unable to have hard copies of the Newsletter printed or delivered but electronic versions will be sent out to those who have registered their emails with us.

If you have means to print and can safely pass a copy to a friend who doesn't have computer access, please do so.



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Editor: Celia Burgess



JUST GOOD FRIENDS

JANUARY NEWSLETTER QUIZ

1. A UK government minister said that an egg could be classed as a substantial meal in a pub, but what type of egg?
a) Devilled egg b) Pickled egg c) Scotch egg
2. In this year's I'm a Celebrity Get Me Out of Here, what did the celebrities do to prevent some conversations from being shown on television?
a) They took their microphones off b) They sang Disney songs c) They used sign language
3. Why are flamingos pink? Is it because of
a) What they eat b) Their exposure to the sun c) Being born like that
4. This year is a special anniversary for Coronation Street. How many years has it now been running for?
a) 40 b) 50 c) 60
5. What is the name of Yogi Bear's small friend in the cartoon series?
a) Boo-Boo b) Loo-Loo c) Roo-Roo
6. The Duke and Duchess of Cambridge have travelled around the country using the royal train. Which monarch was the first to use a train?
a) Victoria b) George V c) Elizabeth II
7. There was a mystery recently when overnight 64 ornamental elephants appeared on different doorsteps of houses in one street in St Helens. Why were they put there?
a) As a way for thieves to test if someone was at home
b) As a tribute by an elderly man to his late wife
c) As a publicity stunt for a local auction house
8. Which Derbyshire town gives its name to a tart?
a) Belper b) Buxton c) Bakewell
9. How is the letter S represented in Morse code?
a) dot dot dot b) dash dash dash c) dot dash dot
10. Easyjet has announced that they would be imposing extra charges on passengers, for using what on its planes?
a) The toilets b) The luggage hold c) The overhead lockers
11. According to folklore, which forest did Robin Hood operate in?
a) The New Forest b) Sherwood Forest c) The Forest of Dean
12. What did William Shakespeare leave to his wife in his will?
a) His best table b) His second best bed c) His third best chair
13. A man was caught by police for cutting down and stealing a Christmas tree from a forest in Wales, but he escaped prosecution because he agreed to make a payment to a conservation charity for a particular animal. Which animal was it?
a) Red squirrel b) Badger c) Deer
14. What do the stars represent on the US flag?
a) The no. of original colonies b) The no. of states c) The no. of presidents
15. Before Covid arrived and before anyone knew anything about it, the scriptwriters of Coronation Street had an idea for a pandemic storyline, but the bosses rejected it. Why did they reject it?
a) They were concerned that it may panic viewers
b) They thought it would be impractical to have so many characters isolated in hospital
c) They thought that it was too far-fetched

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