

Just Good Friends

April Newsletter

FORTHCOMING EVENTS ST ANNES

2nd April

Wishes are coming true thanks to Just Good Friends and Challenge for Change. Two brave members will be attempting a Zip Wire! We are also happy that members from the Prince's Trust will also be joining us. Should be a fun time.

5th April

This is our lovely monthly visit to the Nursery at AKS School. Please let Bev know if you can attend. It's at 2pm till 3pm in the Junior School and I'm sure there will be cake!!!

5th April

Our monthly Quiz and Play your Cards Right night; also there will be bacon and sausage barmes and a selection of cakes. Come and enjoy the evening at St Annes Tennis Club at 7.00 pm - £4.50 per head. Please ring June 01253 727247 for info.

9th April and 6th June

Following last year's success we are pleased to be welcoming the Junior Doctors again this year. Please come along to St Annes Tennis Club at 10am and have your say re the changing NHS. Let's make this special.

2nd May

At St Annes Tennis Club 3pm till 7pm - Just Good Friends Fund Raising Event. Afternoon Tea £10.00 per person. Cakes - Scones with Jam and Cream - Cut Sandwiches - Raffle - Entertainment from the fabulous Johnny Roxx and Radio Wave will be live from the Tennis Club. Please phone June on 01253 727247 for info.

JGF ST ANNES

APRIL at The Memorial Hall
St Albans Road - Saturdays 2pm-4pm

- 6th Quiz & Raffle
- 13th The Tuneless Choir here to sing to us
- 20th Easter Bonnet Parade
- 27th Bingo



HUGE THANKS TO ANDREA AND EMMA FROM N-COMPASS WHO EACH SPENT 24 HRS TOTALLY ALONE IN ROOMS MADE AVAILABLE BY THE ST IVES HOTEL TO HIGHLIGHT THE PROBLEM OF LONELINESS &

ISOLATION. ALONG WITH DRAWING ATTENTION TO ISOLATION, ON THIS OCCASION WE WERE DELIGHTED TO RECEIVE DONATIONS ACKNOWLEDGING THIS FUND-RAISER. SO THANK YOU LADIES AND ALSO FOR THE CONTINUING SUPPORT FROM N-COMPASS AND THE ST IVES HOTEL.

JGF KIRKHAM - 1:30pm - 3:30pm

Weekly Thursday afternoon meetings at the Kirkham Community Centre

See over to check for more details of events at Kirkham & Fleetwood

JGF FLEETWOOD - 10am - 12noon

Weekly Tuesday morning meetings at the Highbury Social Club, Highbury Avenue

DIARY DATES FOR REGULAR ST ANNES' MEETINGS

- Tuesday 1pm - 4pm Fun and Laughter at the **Victoria Pub**, St Annes with Roy Rolland
- Wednesday 10am - 12noon at **The Palace**, Garden St, St Annes - Tea, Coffee & Chat
- Saturday 2pm - 4pm **Memorial Hall**, St Albans Road, St Annes - Tea and chat, with Speakers and Activities
(See above for full April programme)
- Sunday Lunch 12:30pm **St Ives Hotel**: £11.95 Four course meal.
Please ring Kath on 01253 730883 to book on our table. (Please note slight price increase.)

FORTHCOMING EVENTS

KIRKHAM

Every Friday afternoon 12.30 - 3pm

Johnny Roxx at The Queens Arms, 7 Poulton St. Kirkham - singing, dancing, raffle, buffet - come and join JGF for fun and laughter - meet new friends. Tel: Julie 07817474349 for details.

Many thanks to the Queens Arms for the lovely buffet and Johnny Roxx for entertaining everyone.

Kirkham were recently treated to a relaxation class by Minds Matter and everyone really enjoyed it and found it very useful.

Yoga Class

The Yoga class went down well too and there are still a few places left if anyone wants to give it a try. Its on a **Wednesday morning at St Michael's Church in Kirkham at 11am for one hour** - the cost is £5 per session. Its good, give it a try.

FLEETWOOD

April 7th

Health and Wellbeing event April 7th at the Marine Hall 10am till 4pm - so much will be going on - lots of interesting groups attending.

April 29th

Day trip down the Liverpool Canal and lunch too! - as well as many other activities organised by the lovely Mo. Speak to Mo for more information.

Sunday 21st July – 10am to 5pm

Festival of Transport – Tram Sunday 2019. It's the biggest event of the year – and the biggest transport themed festival in the UK. JGF Fleetwood will be doing Tram Sunday again this year and if you have any ideas or anything you can give to help them out on the day please let Mo know.

Recent winners of the
100 CLUB DRAW

Irene Thorpe; Lynn Del Pinto
Brian Winchester

Reminders!!

Calling all Just Good Friends' budding actors - AKS have started doing the drama for us - myself, Mags, June, Christine and Johnny Roxx all attended the first rehearsal. It was fab and not at all scary!!! Come on everyone - lets do drama!!! Bev.



Don't forget to tune in to RADIOWAVE (96.5) on Sunday afternoons plus on weekday programmes when they will be sign-posting people to JGF. The objective being to get the message across to more of the Fylde Community that Just Good Friends has a solution to their loneliness.



April Birthdays

- 3 Wyn Wilson
- 4 Margaret Cooper
- 5 Terry Phelan
- 5 Dorothy Phelan
- 6 Bev Sykes
- 7 Ron Devenport
- 7 Margaret Holmes
- 8 Marlene Ames
- 8 Terry Coleman
- 9 Philip Carter
- 10 Doreen French
- 11 Patricia Foster
- 12 Ann Holt
- 14 Anne Randerson
- 14 Roland Unsworth
- 15 Maureen Gallagher
- 15 Ellen Thomas
- 16 Hazel Boardman
- 16 Jacqueline Fallows
- 18 Wyn Smyth
- 19 John Ashby
- 20 Carol Gradwell
- 23 Kath Raggett
- 23 Christine Short
- 25 Roger Calderbank
- 28 Anne Storey
- 28 Molly Thompson
- 30 Joanne Kendall
- 30 Graham Wood

Reminder to everyone:
*we celebrate people's birthdays
on the last Thursday of the
month at the St Ives Hotel 2pm.
All welcome.*

If anyone has a wish they would love to come true, please let Bev know and she will try her best to make it happen.

