



Just Good Friends

December Newsletter



☐ Thanks to AKS Junior School for the cheque for £251.35 resulting from Grandparents Day. Well done to everyone involved.

☐ 'Guess the Name of the Unicorn' was won by John Burgess - raising £100. 'Delia' will be JGF's mascot!

☐ Many thanks to TSB for their donation of £200.

See photos overleaf.

Lots of people help JGF in many ways and we now want to highlight all these fabulous people.



John with Bev after winning 'Delia' the Unicorn

DIARY DATES INCLUDING REGULAR MEETINGS

Fri 1 st	Keep Fit	10am-12noon	Palace Rooms
Sat 2 nd	Meeting, Raffle & Quiz	2pm-4pm	Pensioners Hall
Sun 3 rd	Lunch		St. Ives Hotel
Tue 5 th	Every Tuesday: Fun, friendship & entertainment with Roy Rolland - keyboard, singing etc 1pm-4pm Victoria Pub		
Wed 6 th	Meeting	10am-12noon	Palace Rooms
	Dancing	11.30-1.30pm	Palace Rooms
Thur 7 th	Christmas tea & activity	3pm-4.30pm	AKS School
Fri 8 th	Keep Fit	10am-12noon	Palace Rooms
Sat 9 th	Meeting, Bingo	2pm-4pm	Pensioners Hall
Sun 10 th	Lunch		St. Ives Hotel
Tue 12 th	Meet & Sing Along (as above)	1pm-4pm	Victoria Pub
Tue 12 th	Coffee Morning 11am Poplar House, Doctors' Surgery See overleaf for address and details		
Wed 13 th	Christmas Lunch	11.30-2pm	Palace Rooms
	NO DANCING		
Fri 15 th	Keep Fit	10am-12noon	Palace Rooms
Sat 16 th	Christmas Party	2pm-4pm	Pensioners Hall
Sun 17 th	Lunch		St. Ives Hotel
Tue 19 th	Meet & Sing Along (as above)	1pm-4pm	Victoria Pub
Wed 20 th	Meeting	10am-12noon	Palace Rooms
	NO DANCING		
Fri 22 nd	NO KEEP FIT		
Sat 23 rd	Meeting	2pm-4pm	Pensioners Hall
Sun 24 th	Lunch		St. Ives Hotel
Tue 26 th	Meet & Sing Along (as above)	1pm-4pm	Victoria Pub
Wed 27 th	Meeting	10am-12noon	Palace Rooms
	NO DANCING		
Fri 29 th	NO KEEP FIT		
Sat 30 th	Tea & Chat	2pm-4pm	St. Ives Hotel
Sun 31 st	Lunch		St. Ives Hotel
JANUARY 2018			
Tue 2 nd	Meet & Sing Along	1pm-4pm	Victoria Pub
Wed 3 rd	Meeting	10am-12noon	Palace Rooms
	NO DANCING		
Fri 5 th	Keep Fit	11.30-1.30pm	Palace Rooms
Sat 6 th	Meeting, Raffle & Quiz	2pm-4pm	Palace Rooms



Fiona Phillips from the BBC came to The Palace on 8th November. Her visit was to see the good work being carried out by JGF which will be included in a programme on loneliness to be aired in March 2018. Fiona spoke to many people and interviewed Christine McCherry.



AKS Junior School presenting cheque from Grandparents' Day



Bev receiving a cheque from TSB

Just Good Friends have been invited to a
Coffee Morning
 at Poplar House Doctors' Surgery
 24-26 St Annes Road East
 on the 12th December at 11.00 am.

We are all very excited to be working with all Doctors' Surgeries on the Fylde Coast and are looking forward to attending.

Please let Bev know if you can make it.



December Birthdays

- 3rd Margaret Cartmell
- 4th Jean Bamber
- 4th Marjorie Crabtree
- 4th William Crabtree
- 9th John Burgess
- 10th Joyce Day
- 12th Janet Poskett
- 14th Jo Ryan
- 17th Christine Oldroyd
- 18th Irene Powton
- 18th Barbara Winchester
- 23rd Barbara Lavery
- 23rd Maureen Thomas
- 26th Shirley Hill
- 26th Annemarie Lewis
- 30th Freda Gratton
- 31st Pat Duxbury
- 31st Lynn Tingle



Christmas Get-togethers

- Thursday 7th - Christmas Tea & Activity**
3pm - 4.30pm AKS School
- Wednesday 13th - Christmas Lunch**
11.30 - 2pm The Palace Rooms
- Saturday 16th - Christmas Party**
2pm - 4pm Pensioners' Hall

save

Kath O'Brien will be running a Savings Club soon.
 If anyone is interested in joining see Kath.

*And so until next year
 wherever you are and whoever you
 are with, we wish for all of us a
 Happy Christmas
 and a Healthy New Year.*

*Reminder to everyone:
 we celebrate people's
 birthdays on the last
 Thursday of the month
 at the St Ives Hotel
 2pm. Everyone
 welcome.*