

# Just Good Friends

## March Newsletter



### SATURDAY

dates in MARCH at

The Memorial Hall, St Albans

Road - 2pm-4pm

- 3rd RAFFLE & QUIZ
- 10th NATTER & MUSIC
- 17th New to You CLOTHES SALE
- 24th *Friends of the Estuary* - Meg Green
- 31st BINGO & Easter Bonnet Parade



- MANY THANKS** for donations received from: Mrs Arrowsmith, the Vic Pub and the JGF collection box.
- IMPORTANT MESSAGE FROM SAINSBURY'S**  
Please note that if you wish to use Sainsbury's car park for longer than 2 hours, it is important that you park on the upper floor to avoid getting a parking ticket.
- DANCING - IT'S BACK!**  
We are pleased to have a new Dance Teacher - Tracey - and the dance lessons have restarted at St Annes Palace - 11.00am to 12.30pm.
- HOLIDAY AT CUMBRIA GRAND HOTEL, GRANGE April 4th returning 6th**  
Please note the holiday cut off date for all payments is 21st March. Contact Joanne 01253 729784 for more information.
- Molly from AKS school** who has supported us and got involved with JGF over the last year is now 18 years old, and we wish her lots of love and success in the future and hope she keeps in touch with Just Good Friends. Thanks Molly!!

### FLEETWOOD JGF

Congratulations to JGF Fleetwood on their first year anniversary at the Highbury Club in Fleetwood.

To celebrate they will be having a get-together/buffet on Sunday 8th April (12noon for 12.30) at the Masonic rooms.

A few members from St Annes go to the group in Fleetwood every Tuesday morning 10.30am till 12.30pm. If anyone would like to go to Fleetwood on a Tuesdays please let Bev know.

### CLOTHES SALE

**On 17th March we are having a NEW TO YOU Clothes Sale at The Memorial Hall**

Now is a perfect time to clear out our wardrobes before we bring out our spring/summer clothes for the year! All garments for the sale to be given to Christine Howe to store or bring on the day!

### Date for your diaries!

**26th MAY- Saturday Night at**

**The Palace presents a**

**CHARITY DINNER on behalf of**

**Just Good Friends with**

**Guest Speaker SIMON WESTON**

Open to all - formal dress - £46 per

person - to book please email

[jandcburgess@hotmail.co.uk](mailto:jandcburgess@hotmail.co.uk)

or speak to Bev or John Burgess

**All proceeds to Just Good Friends!**



It's almost that time of year again folks!!

**Saturday 31st March**

is Easter Saturday so get on your Easter bonnets for the Just Good Friends Easter Parade at The Memorial Hall.!!!

### DIARY DATES FOR REGULAR MEETINGS

Tuesday	1pm – 4pm	Fun and Laughter at the <b>Victoria Pub</b> , St Annes with Roy Rolland
Wednesday	10am – 12noon 11.00 – 12.30pm	<b>The Palace</b> , Garden Street St Annes - Tea, Coffee & Chat followed at Ballroom/Sequence Dance lessons
Friday	10am – 12 noon	<b>The Palace</b> , Garden St. St Annes - Light exercise to suit plus tea and chat
Saturday	2pm – 4pm	<b>Memorial Hall</b> , St Albans Road, St Annes - Tea and chat, with Speakers and Activities (See above for full March programme)
Sunday Lunch	12.30pm	<b>St Ives Hotel</b> : £11.50 for a fabulous 4 course meal. Please ring Kath on 01253 730883 to book on our table.





Julie Rodgers, Mark Menzies, Karen Gillett, Mags Hanning

## We're making good changes!

JGF have recruited three welfare officers to keep in touch with members when they are admitted to hospital and we are pleased to welcome Julie Rodgers, Karen Gillett, and Mags Hanning, who will visit members of the group in their home or hospital when they are unable to attend its regular get-togethers.

The welfare officers will work within every GP practice in Fylde, engaging with the patients, especially those who are lonely, isolated or just want to meet new

friends and help bring the community together in friendship.

Bev said in an article in the Lytham St Annes Express "I have always been saddened if one of our members becomes poorly or goes into hospital and we haven't been able to visit and let them know they are not alone, that we are thinking about them and we care, also welcoming members back when better and with Karen, Julie and Mags we will now be able to do this."



## Keeping you in the picture!

As you are all aware Just Good Friends relies for the greater part of its income from grants and donations.

In the near future we will be visited by the Chief Executive of the Community of Lancashire & Merseyside and accompanying him will be the Manager of Community Grants from United Utilities. We are hopeful that we might obtain some grants from these sources.

We are also very pleased that Lisa Bennett is back to join us bringing her professional expertise which will be enormously helpful to us in obtaining successful grants.

John Burgess

If anyone has a wish that they would love to come true, please let Bev know and she will try her best to make it happen.

Many thanks to everyone who came on BBC Radio Lancashire to share the story of their Wishes coming true.



## March Birthdays

- 1<sup>st</sup> Audrey Porter
- 2<sup>nd</sup> Phyllis Richardson
- 4<sup>th</sup> John Boyle
- 5<sup>th</sup> Margaret Grice
- 6<sup>th</sup> Katie Crabtree
- 6<sup>th</sup> Kathryn Whitehurst
- 12<sup>th</sup> Christine Edwards
- 12<sup>th</sup> Alison Graddon
- 13<sup>th</sup> Pat Cowell
- 13<sup>th</sup> Pamela Shrigley
- 14<sup>th</sup> Dorothy Brooks
- 16<sup>th</sup> Vivien Gordon
- 17<sup>th</sup> Pat Brazier
- 17<sup>th</sup> Normal Cannon
- 19<sup>th</sup> Celia Burgess
- 19<sup>th</sup> Julie Rodgers
- 22<sup>nd</sup> Patricia McCusker
- 24<sup>th</sup> Cynthia Fajemirokun
- 24<sup>th</sup> Beryl Hayes
- 27<sup>th</sup> Vernon Allen
- 28<sup>th</sup> Christine McCherry
- 29<sup>th</sup> Anne Brown
- 30<sup>th</sup> Malcolm Bentley

**Reminder to everyone:**  
*we celebrate people's birthdays  
 on the last Thursday of the  
 month at the St Ives Hotel 2pm.  
 Everyone welcome.*



Happy 80th birthday wishes to Rita who recently celebrated at the Vic Pub.

For information telephone: Bev Sykes: 07557 734233 Website: [justgoodfriends.org.uk](http://justgoodfriends.org.uk)